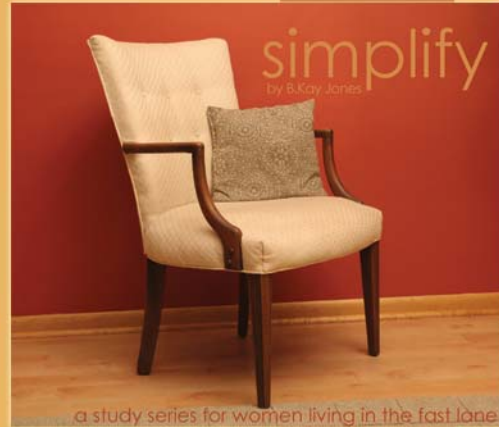


# simplify

*guard your heart*



Loving God with all my heart, what exactly does that mean? My heart is my spirit man, my eternal being. To love God with all my heart means giving him full reign and first place. We love everyone, but we worship God alone. It sounds simple, but how do we do that? We worship God by acknowledging Him in every thing we do. When we put God first, everything else will begin to fall in line.

I dare you to try it. Talk to God when you first awaken each morning. Express your love and admiration to Him. Ask Him to be the focus of your day. When God sits on the throne of our lives, instead of our own desires or priorities, things run more smoothly. Matthew 6:33 (NIV) says, *“But seek first His kingdom and His righteousness, and all these things will be given to you as well.”*

A well-known minister once said someone told him, “Seems like blessings are always falling in your lap.” He replied, “Well sir, I always try to keep my lap where the blessings are falling.” Let me tell you... the blessings are always falling where loving God is the top priority. I don’t think it’s the amount of time you spend with Him, as much as it is the quality of the encounter. He wants to be acknowledged as our Lord.

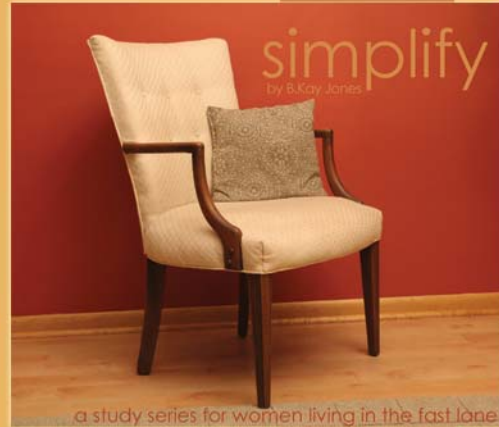
As you acknowledge Jesus as Lord, and give God the leading role in your heart, the challenge will be to keep God’s place from being usurped. *“Above all else guard your heart, for it is the wellspring of life.”* Proverbs 4:23 You must be constantly on guard to keep things out of your heart that would inhibit your relationship with God. There are many fun and good activities around. That makes it easy to get so busy that you begin to let things slip with God. Let peace be your ruler for what you need to lend your time and attention to. Phillipians 4:7 (NIV) *“And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

God rules our hearts through peace. The answer is seldom ever a firm yes or no, but it is often an unsettled feeling in our hearts... or peace. Where God leads you there is a peace that passes understanding. Sometimes God asks us to do

*Life in the Fast Lane | 2007 is written by B. Kay Jones.*

*Life in the Fast Lane is a part of Online Bible Studies, provided by IPHC Women’s Ministries.*

*For more information call 405-787-7110, ext. 3227 or email [women@iphc.org](mailto:women@iphc.org)*



something out of the ordinary and we launch out because we know peace is guiding us. Peace... sounds simple. Just remember to never jump ahead of the peace God puts in your heart.

Discernment and wisdom from an all-knowing, all-seeing God are the companions of His peace. I encourage you to take a moment and check yourself.

## Simplicity Suggestions

1. What takes center stage in your heart right now? Who gets top billing? Take a moment and reestablish His Lordship in your heart.
2. When faced with major life decisions, what is your plan of action? Do you acknowledge God or is He an afterthought? Are you asking Him to bless your decisions, or are you seeking His decisions?
3. Do you have peace in your heart? If not, ask God to reveal the source of turmoil and renew His peace that goes beyond comprehension.