

Life in the Fast Lane



Building Blocks of Breakthrough: Getting Past the Roadblocks

Road Trip...

Did you just turn North when the directions clearly said South? Or maybe that last gas attendant wasn't really focused when he said to go 4 miles past the "whatever" and turn left (or was it right) at the next stop sign. What began as a most excellent road trip, complete with great CDs and food truck stops, has now become a nightmare. On this roadtrip, I landed in a bad section of downtown Los Angeles..driving alone...with no idea how to get back on track. Now I was scared. (A truck driver at 7-11 finally helped).

All of us have fears in our lives. We have fear of failure, fear of rejection, fear of not measuring up, fear of saying or doing the wrong thing, fear of getting sick, fear of dying, fear of being alone, fear of our kids getting into mess, unreasoning fear of the dark or snakes and spiders or flying in an airplane, fear of turning out like our parents, fear of not succeeding as we planned, fear of our marriage failing and on and on.

Ladies - we're going to bust through our fears! Grab your pen and paper. Write down one thing that you fear in your life. When I was 8 years old, I had a really vivid imagination. One time I woke up in the night absolutely certain there was a burglar in my bedroom (actually it was my square shaped bookcase with some weird shaped books on top). I did what any self-respecting 8 year old would do and pulled the covers over my head. I figured if I couldn't see him – he couldn't see me - and everything would be okay. How many of you today are pulling the covers over your head and thinking it will all go away? I want you to look again at what you wrote down. It is time to break through those barricades of fear. Listen to what the Word has to say about our fears:

- Is 41:10, "Fear thou not, for I am with thee: be not dismayed for I am thy God: I will strengthen thee; yea I will help thee; yea I will uphold thee with the hand of My righteousness."
- 2 Timothy 1:17, "For God has not given us the spirit of fear; but of power and of love and of a sound mind."

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The key to overcoming fear is total and complete trust in God – a turning to God in the desperate times and trusting Him to make things right. He is a good God who wants to give His children good things. Press through the pressures. Be bound to your miracle and not your circumstance!

A Few Roadblock Busters:

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- I want you to say after me: “I’m trusting in God. I’m turning to Him. I am giving up my spirit of fear and taking hold of God’s love...now!” As a sign of your commitment – tear up that piece of paper and proclaim that fear no longer has any power over you! Pray and discover where God is placing you for this point in time
- Pray. Prayer places become houses of God – God always shows up at a place of prayer!
- Other scriptures to read: Isaiah 43:1-2; Proverbs 3:25-26; Proverbs 1:33; Isaiah 41:10, 13; Psalm 46:1-2; Deuteronomy 31:8; Hebrews 13:6

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