

Mirror, Mirror on the wall - Am I attractive at all?



So, what's the speed limit here? When is it time to give it a rest, accept who we are in Christ, and, as Paul said, "Be content in whatever state I find myself" Phil. 4:11 (Grasty paraphrase)? In order to determine our parameters, we must take a close look at the word *attractive*. After all, this is what we're so attentive to ... our attractiveness!

Attractive means there is something within us or about us that draws others to us. Webster defines attraction as "a force acting mutually between particles of matter, tending to draw them together" ... you know, like magnetism. If we have within us something substantial, something constant and reliable, it will attract others.

In fact, attractiveness comes down to this: How does being with us make people feel? Do they enjoy being with us, or could they care less, or perhaps even hope that we are not around? For instance, your husband ... does he feel important? Do you make sure he knows that he is a wonderful man?

I enjoy watching Joyce Meyer in the morning on TV, and I've told my husband at times that he is a "Dave Meyer." Joyce is constantly praising her husband Dave for always being an encourager for her (a Barnabas), working behind the scenes to make her successful, supporting her in her ministry, and in all of her endeavors for God. My husband Rick is very much the same way. He is a great cheerleader for me. He is always encouraging me, building up my confidence and pushing me on to greater things in my ministry. Often I say to him, "You're a good man, Rick! I really love you! Thank you for being my "Dave Meyer" and for being the wonderful, godly husband and father you are!"

This kind of affirmation is necessary in our other relationships as well. Letting others know how much we value them matters greatly. Sharing interests and times of fellowship and fun together, supporting one another in our pursuits and endeavors ... this is part of what makes us so attractive to each other.

As you can see, it is possible to be attractive without going under the knife. Consider these suggestions (beauty tips) from Audrey Hepburn:

- For attractive lips, speak words of kindness.
- For lovely eyes, seek out the good in people.
- For a slim figure, share your food with the hungry.
- For beautiful hair, let a child run his fingers through it once a day.
- For poise, walk with the knowledge you'll never walk alone.
- Never throw anybody out. People, more than things, have to be restored, renewed, revived, reclaimed and redeemed.
- Remember, if you ever need a helping hand, you'll find one at the end of your arm.
- As you grow older you will discover that you have two hands; one for helping yourself, and the other for helping others.



Being attractive not only requires generosity in the way we treat others, it's also about loving ourselves for who God made us to be, serving Him, pursuing our purpose, and handling ourselves in an admirable way. Remember, the more considerate and generous we are toward others, the more attractive we become! You can't get that from a knife!

When God created us He said in Genesis 1:31 "...and it was very good." It's important that, when we look at ourselves, we can say that too. If we speak or think negatively about ourselves that puts us in disagreement with God (not a good place to be). We must choose to meditate on our own unique strengths. After all, we're not a copy; we're an original! When we function this way, we become a God-pleaser, not a people-pleaser. God in us provides unlimited potential, tools for excellence, and courage to be different. Our worth must be determined by God's standard, for He is the source of all that we are!

Take a look in the mirror...

1. Are people drawn to you? Why?
2. What qualities do you need to develop in order to be more attractive to the people in your everyday life?
3. In light of this lesson, what does your husband find attractive about you?
Unattractive?
4. Are you in disagreement with God? What unique strengths has He given you?
Choose to meditate on these.

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For more information call 405-787-7110, ext. 3227 or email women@iphc.org